International Society of Sport Psychology (ISSP) is pleased to announce its inaugural *Continued Education Certificate Program* to be held April 14-15, 2016 in Belo Horizonte, Brazil.

**Title**: International Sporting Events: A Sport Psychology Contribution to Sport Performance

**On-Site Co-Leaders**: Drs. Artur Poczwardowski (USA) (Workshop 1), Rob Schinke (Canada) (Workshop 2)

Workshop Leaders and Panel Evaluators of pre-CEW and post-CEW assignments:

Workshop 1: Drs. Gangyan Si (Hong Kong), Sidónio Serpa (Portugal), Alejandro Garcia Mas (Spain),

Workshop 2: Drs. Lauren Loberg (USA), Thomas Schack (Germany), and Ernest Hung (Taiwan).

**The Purpose, Content, and Objectives**

The purpose of the inaugural ISSP *Continued Education Certificate Program* (CECP) is to increase the professional competence of the participants (sport psychologists and coaches) in the area of understanding psychosocial issues that are directly related to athlete participation and coaching and sport psychology support at the international sporting events (Olympic and Paralympic Games; world championships, etc.). The CECP consists of three components: on-site CEW, pre-CEW home assignments, and post-CEW home assignments.

The content of the on-site Continued Education Workshop (CEW) is based on recent empirical research, professional reflections and case studies, and relevant theories of human behavior as applied to elite performance. A particular emphasis will be placed on the preparation for and competing at the Olympic and Paralympic Games. The scope of the reviewed literature and workshop activities aims at enhancing the participants’ ability to identify, understand, and apply topic-specific information to a variety of psychosocial challenges and opportunities encountered in Olympic and Paralympic realms (from both coaching and sport psychology practice perspectives). Conceptualizing issues (including multicultural factors to add to cultural competence of the attendees), designing interventions, and managing oneself through self-reflective practice (all as related to coaching and sport psychology practice) are the cornerstones of this inaugural ISSP CECP. (Note: the content of CEW is different from the content of the presentations during the Regional Conference. Coordinated efforts will ensure the informational added value of this CEW.)

The objectives of the pre-CEW component are:

1. To list major psychological challenges as well as opportunities in the athlete preparation for and during competing at the Olympic and Paralympic Games.
2. To list major psychological challenges as well as opportunities in the work of coaching and support staff during preparation for and while at the Olympic and Paralympic Games.
3. To prepare a case description that specifically examines a past (or current) issue that a particular athlete (or team) deals with.
4. To amend the case description with questions relevant to psychosocial issues involved (e.g., confidence, motivation to train and compete, coach-athlete relationship, team communication, organizational pressures) that are of vital importance to understand, and in the next step, to design a coaching or sport psychology intervention.
5. To outline a course of action (from either coaching or sport psychology perspective) that addresses the identified issues.
6. To reflect on all aspects of the CEW participant’s own learning.

The objectives of the workshop component are:

1. To compile a list of theories, concepts, and practical recommendations that can be useful in
   1. Optimizing athletic performance at the international sporting events
   2. Optimizing performance of coaches and support staff at international sporting events
2. To compile a list of concepts, theories, and practical recommendations that directly address the cases prepared as part of the pre-CEW home assignments.
3. To practice and improve case conceptualization and interventional design.
4. To reflect on self-management strategies with a particular focus on self-reflective practice and self-care.

The objectives of the post-CEW component are:

1. To expand the list of major psychological demands and challenges as well as opportunities in the athlete preparation for and during competing at the international sporting events.
2. To expand the list of major psychological demands and challenges as well as opportunities in the work of coaching and sport psychology staff during preparation for and while at international sporting events.
3. To expand the courses of action (from either coaching or sport psychology perspective) that address the identified issues.
4. To list and reflect on lessons learned as a result of participation on all three stages of ISSP CECP.

**Procedures and Operational Information**

The CEW on-site language is English. The written pre- and post-CEW home assignments can be done in English or in the participants' own language (i.e., Portuguese, Spanish). At least three local experts will help with (a) providing translation on-site (during the time of workshop) and (b) evaluating the pre-CEW and post-CEW assignments. Grading rubrics will be developed to assist all evaluators in their work and to increase cross-evaluators consistency, which will be further enhanced by a panel discussion in finalizing the evaluation outcomes. The local experts might be awarded with a small stipend (as generated by the CEW fees).

CEW will be offered in 2 groups with 3 presenters in each group (with the three MC members speaking Spanish, Portuguese, or both spread out among the two groups) and 1 local expert available for translating. Separate rooms have been already reserved.

There are total 16 continued education credit hours (of which 12 include pre- and post-CEW home assignments) that will be earned during the CECP. These credit hours will be counted towards the requirements of International Society of Sport Psychology Accreditation (should such accreditation become operational in the near future; we have yet to determine whether the endeavor will be “certification” or “registry" status). The 16 CE hours will be eligible for this purpose through December 31, 2021.

Date: Two 2-hour workshops (face-to-face instruction, interaction, feedback):

04.14.2016 (hotel; 19:00-21:00) and 04.15.2016 (University UFMG; 19:00-21:00)

Registration deadline: February 20, 2016

Registration fee for CEW: R$ 600,00

Receiving the pre-CEW assignments: March 10, 2016

Submission of the completed pre-CEW assignments: April 10, 2016

Receiving the post-CEW assignments: April 15, 20016 (During the CEW)

Receiving feedback on pre-CEW assignments: May 16, 2016

Submission of the completed post-CEW assignments: May 30, 2016

Receiving feedback on post-CEW assignments: June 27, 2016

**Information for advertising:**

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